Purpose:

The purpose of this Action Guide is to think through the things you likes and dislikes about the major(s) you are thinking of.

Description:

Making a pros and cons list about a particular decision you are struggling with can often help break down the specific things you may like or dislike about making the decision. This can allow you to sit back, look at your list, and think clearly about the potential benefits and costs of the decision you face. If you have your choice of major narrowed down to 2-3 options, this can be a good time to do a more in-depth analysis of what appeals to you about each major. For more information about each major, visit [http://cape.umn.edu/majors/umn/majors/alpha.html](http://cape.umn.edu/majors/umn/majors/alpha.html)

Directions:

For each major you are considering, reflect on what you like (the pros) and what you dislike (the cons) about the major. Here are some examples of things to consider:

- Do you think you will enjoy most of the classes in the major?
- How long will it take you to complete the major if you declare it tomorrow?
- How does the major relate to your career goals?
- Does this major require an application, a certain GPA, prerequisite courses? Do you feel that these requirements are manageable and realistic for you? (See the Reality Check Action Guide if you are unsure)
- Will you need to transfer colleges to declare this major?
- Do you think this major is a good match for your skills and strengths?

If you need more space, use an additional sheet of paper to create longer columns. Then reflect on your list.

**Major #1 _____________**

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<th>Pros/Likes</th>
<th>Cons/Dislikes</th>
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Reflection Prompts:
When you meet with your coach, be prepared to discuss the following questions:

- What do you notice about your pros and cons? Do you notice any patterns or themes in the things that you like or dislike?

- Was it easier to think of the list of pros or the list of cons for the major(s)?

- Does one major stand out to you as having significantly more pros? If so, what is preventing you from declaring this major today?

- What might help you turn some of the cons into pros?